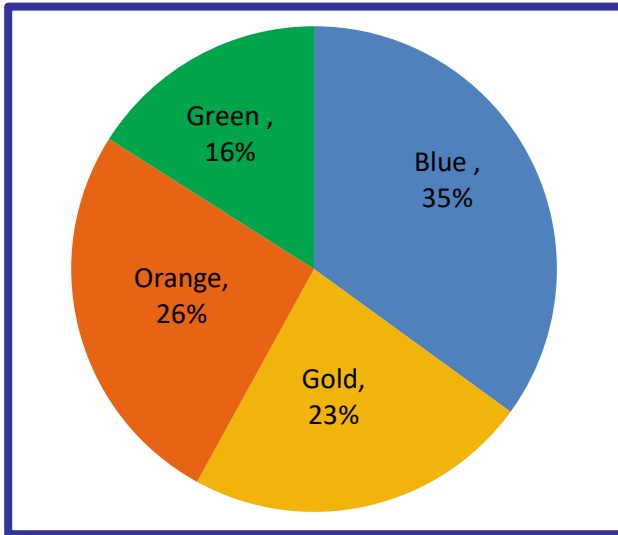


## Debbie Sample

August 24, 2022



Color	Ratio	Personality Preference (thinking, emotional, behavioral)
Blue	35	Compassionate, Sensitive, Caring, Sharing, Romantic, likes to dream, intuitive, feelings are important.
Gold	23	Organized, Lists-Checkmarks, Planning, Consequential thinker, Structure, Duty, Respect, Follows through, Predictable.
Orange	26	Variety, Spontaneous, Fun, Lime-light, More Risk taking, often Competitive, do-it-now, quick decisions, takes initiative networking.
Green	16	Analytical, Problem Solver, Logical, Research, Why, Insight, Comparative, Accuracy, Efficiency, likes proof, Studies, Critiques.

Love Language	Ratio	Personality Preference (thinking, emotional, behavioral)
Words of Affirmation	7	Verbal compliment, look for your partners strengths and let them know you appreciate them – affirmation, write a love letter. Words are important.
Quality Time	9	Spending time <i>together</i> , walks, talks, getaways, doing things together, sharing experiences, work-fun-conversation-relaxation. <i>Listening is Loving!</i>
Receiving Gifts	0	<i>Little is big!</i> Hand-made, hand-picked, a little note, pay attention to what your partners likes and give of those (book they like, candles, tools, etc.).
Acts of Service	6	Ask spouse to make list of what they like – quietly do them without seeking recognition. Working and sharing the chores, little is big! Take initiative, actions speak louder than words. Do what is needed and right.
Physical Touch	8	Take initiative to reach out, hold hands, caress, touch, kiss. Take initiative to initiate sex with affection and a heart for your spouse. Meet your spouse with a hug and smile and warmth or excitement. Public affection. Back rubs!

Debbie is caring, sensitive, and likes to have fun. She is reasonably organized, but also quite flexible. Her orange and gold are complementary to taking initiative and getting things done. Thus, having fun while getting things done. She also likes to do things together, as her blue/orange combo are very relational, plus her love language is to share quality time with Ken.

At times her flexible spontaneous ways can conflict with her desire to be organized, as her orange and gold are close. Debbie likes to get on it and get it done, and with lower green she doesn't tend to over analyze or study it too long.

Both Ken and Debi are similar level in their orange of spontaneity and having fun. However, Ken is higher gold which tends to be less flexible than Debbie. As well, Debbie can realize that Ken is not as high blue, which means being in tune with her feelings and her emotions doesn't come as natural to him. Often a woman wants her husband to understand her feelings, a.k.a. read their mind. This can cause frustrations for both husband and wife.

Debi is tender, romantic, and expressive. Not only does she desire intimacy, but she also wants to be invited into unity and be together with Ken as a team. This is where Ken and Debi will need to some spend some time together filling each other's cup. By understanding the differences in personalities and love languages, and how to fill up each other's cup, is key to their unity, intimacy, and joy.

Debi is higher midpoint for physical touch and words of affirmation, although not as high as Ken. Often, men are filled up when their wife admire them and have physical intimacy. Men want to be significant to their wife and to please their wife, which tends to be more physical. He wants to give love and know that she admires his desire to please her. Unfortunately, he thinks that she thinks like he thinks, and she thinks that he thinks like she thinks, which couldn't be further from the truth. Generally, men and women are fairly opposite, at least in the order of sequence.

Debbie is very personable and likes to connect. She likes adventure and wants to share with Ken in that adventure. She likes to learn, yet more for the purposes of relationships and family. Debbie loves to share, to care, and to bring harmony into the lives of those she loves.

As Debbie believes in Ken, admires him, and respects his efforts two provide and look after the family, she will help develop the bond that brings unity. Being aware of Ken's love language for words of affirmation and physical touch, plus taking action to affirm him verbally and affectionately, will help bring intimacy and joy in their relationship.

Love is contagious. So rather than trying to get our cup filled, we need to learn and practice filling our mate's cup. Paying attention, and recognizing, and appreciating Ken's devotion and hard work, through words of affirmation and physical affection will bear much fruit. When a wife is loving her husband, she is loving her children. Because unity in the marriage brings joy and peace for the children and gives them the relational foundation and modelling they need in their lives.

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Debbie's emotions can be quite strong at times, as her high blue and midpoint orange are a combo that not only feels emotions strongly but also expresses them. Blue feels and orange expresses outwardly and more spontaneously. As Debbie is not overly high in orange, and she is balanced by her midpoint gold, she can keep things fairly even keel (when things are going reasonably well). However, when stress points are high (loneliness, marriage and family conflict) then her emotions can come out quite strong and quickly.

Being that Ken is not as high on quality time as Debbie and not as sensitive to her or the children he can seem inconsiderate. This is not true. Both Ken and Debbie care, yet they tend to have some differences in their perspectives and approach. This is due to personality, love language, gender, upbringing, and values and belief. Understanding these differences is key to unity and working together, to bring about the fruit God designed and desires. Ken tends to be more responsible and structured, while Debbie tends to be more nurturing and flexible. A healthy balance will be needed.

Opposites do attract. Yet what starts out as an attraction can become an annoyance. This is because we are selfish and want our mate to see it from our set of glasses. Rather, we need to consider our mate more than ourself, and learn to see it from their set of glasses and fill their cup. *Wanting to love, verse to be loved*, is the key. God gave us our opposite to complement and complete us, and more over so that we would need to care for someone who is not the same, so we would need to get off our own perspective (self-seeking) and on to our mate's perspective and needs (self-giving). Jesus never came to get anything; he came to give everything. Jesus had joy and peace because he came to give us his love so we could give that love.

Debbie will need to realize that there is a difference of how she and Ken like to give and receive physical touch. Yes, they have similar ways, but men usually like to have physical intimacy that involves sexual earlier on in the connection. Men want have unity by having the sexual first. The sexual intimacy helps them feel united. Whereas women tend to want the unity first (quality time, conversation, to be romanced and cherished) to then give themselves sexually. This is where both Ken and Debbie can see how to fill each other's cup, and not to take it in the wrong way. Often women think their husband just wants them for the physical, and men often think my wife doesn't want me. Oh God has a sense of humor.

Affirming Ken verbally and physically will bring much unity and mutual affection and love. Paying attention to the good things that Ken does and then appreciating him will bring up the joy in both of their hearts.

Overall, Debbie is a very kind, sensitive, and hard-working woman. She likes to help others, to do good work, and have fun and friendly relationships. She is tender and outgoing, yet respectful and loyal. She desires harmony and unity in her relationship with Ken and her family, and will do whatever it takes to truly help others feel loved and united.

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Ken		Debbie	
36	Gold	Blue	35
27	Orange	Orange	26
21	Blue	Gold	23
16	Green	Green	16
10	Affirmation	7	*
4	Quality Time	9	*
0	Gifts	0	
7	Acts of Service	6	
9	Physical Touch	8	*

Man and Woman were made to fit together, by design. They have some similarities, yet they also need the different qualities each other has to balance their marriage. God never designed them to be independent of each other. When He said the two shall be come one, it was because they need each other, by design (divine design). He needs what she has and she needs what he has. It 's only because of our sinful self-seeking ways that cause a marriage and other relationships to be so challenging. We think we know what love is, yet we really haven't experienced it very much or very well. Love is not self-seeking, and husbands are to love their wives like Christ loves the church (who gives his life for his wife), plus wives submitting to their husbands out of powerful love, thus both giving and submitting their lives to each other in unity, and both in unity to God. Marriage works because the love God has for man and woman and when they have the love for Him and each other. Reverence for God is a heart of loving honor and gratitude for God. Wanting ... to love.

Understanding, Communicating, and Giving **U C G**  
are the focus and work for ones heart,  
mind, and will to grow.

By coaching your head, heart, and habits, with tools, techniques, insight and inspiration, rooted in God's word and design, you'll be able to restore and enrich your love for each other.

When loving and understanding motives are of the heart and mind then harmony and unity are the result of complimentary personalities, love languages, and gender. There are two big wins, first the collective unity, second the individual growth of a loving heart. When a spouse wants to be a blessing to the other and loves them in away the other needs and prefers, there is love. This is God's way of loving us.

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