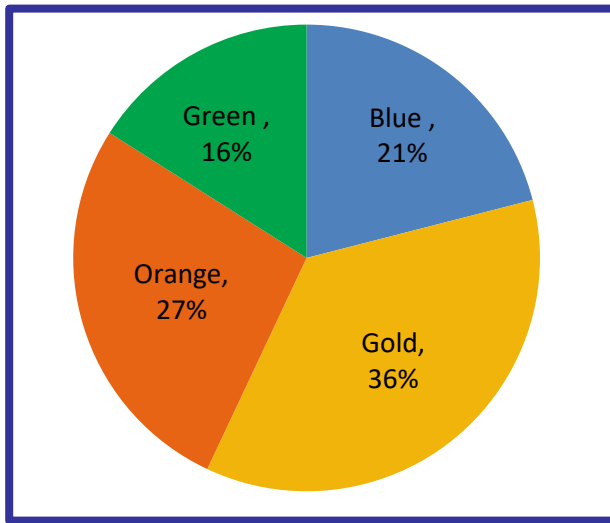


Ken Sample

August 24, 2022



| Color | Ratio | Personality Preference (thinking, emotional, behavioral) |
|--------|-------|--|
| Blue | 21 | Compassionate, Sensitive, Caring, Sharing, Romantic, likes to dream, intuitive, feelings are important. |
| Gold | 36 | Organized, Lists-Checkmarks, Planning, Consequential thinker, Structure, Duty, Respect, Follows through, Predictable. |
| Orange | 27 | Variety, Spontaneous, Fun, Lime-light, More Risk taking, often Competitive, do-it-now, quick decisions, takes initiative networking. |
| Green | 16 | Analytical, Problem Solver, Logical, Research, Why, Insight, Comparative, Accuracy, Efficiency, likes proof, Studies, Critiques. |

| Love Language | Ratio | Personality Preference (thinking, emotional, behavioral) |
|----------------------|-------|---|
| Words of Affirmation | 10 | Verbal compliment, look for your partners strengths and let them know you appreciate them – affirmation, write a love letter. Words are important. |
| Quality Time | 4 | Spending time <i>together</i> , walks, talks, getaways, doing things together, sharing experiences, work-fun-conversation-relaxation. <i>Listening is Loving!</i> |
| Receiving Gifts | 0 | <i>Little is big!</i> Hand-made, hand-picked, a little note, pay attention to what your partners likes and give of those (book they like, candles, tools, etc.). |
| Acts of Service | 7 | Ask spouse to make list of what they like – quietly do them without seeking recognition. Working and sharing the chores, little is big! Take initiative, actions speak louder than words. Do what is needed and right. |
| Physical Touch | 9 | Take initiative to reach out, hold hands, caress, touch, kiss. Take initiative to initiate sex with affection and a heart for your spouse. Meet your spouse with a hug and smile and warmth or excitement. Public affection. Back rubs! |

Ken is organized responsible and flexible. He's a man of his word and likes to have fun getting his work done. He's not afraid of hard work and is willing to take a risk if he sees the value and he's prepared for the commitment. His high gold causes him to be devoted and dedicated and his higher orange causes him to get on it and go for it. Both gold and orange like to take action. Yet it's his higher gold that likes to finish and deliver on the plan. Even though his green is not as high, being a man, he is still fairly analytical. Although he doesn't have to analyze something too long or research it to death. Golds do it right, while greens are the perfectionist.

Ken's priority is to get it done in a timely fashion and not take too long in the process. This is indicated by his high gold which likes to complete, his higher orange which likes to take action now and not take too long. His lower green doesn't have to over analyze. Ken's blue is a little below midpoint, therefore he's not overly sensitive, yet moderately so. Having said this, as men going into their later season of life they often find themselves being more compassionate and tender. They've come to realize that relationships are important, as hindsight is 20/20. That said, Ken is probably a little more sensitive in this season of his life.

Kens love languages are higher in words of affirmation and physical touch. He wants to do a good job and be recognized for his effort and contribution. He has a sense of responsibility and wants to be significant, as most men do. He likes it when Debbie recognizes his efforts and his ability in doing good work. Not only words of affirmation but also in physical affection.

Higher oranges like to take the lead and be recognized for their leadership. Higher oranges like to have fun and are usually open minded. However, higher golds are more private and conservative. Thus, at times, Ken can battle between his higher gold and higher orange, which means his conservative structured ways can battle with his flexible and risk-taking ways. When he's stressed, he will likely gravitate more towards his gold, which is about structure, plans, and responsible. Yet when things are going good, and the stress is low, he tends to be more flexible, playful, and risk taking.

Debbie's love languages are balanced and not quite as high in words of affirmation, yet higher in quality time. Therefore, Ken will need to realize that he needs to spend more time with Debbie to fill her heart. Plus remembering she may not give words of affirmation as much as he might like. Often ladies don't realize how much a man wants to be his wife's hero and likes to be affirmed by her words and actions of how much she appreciates and believes in him.

Ken will need to remember that Debbie is high Blue and quite sensitive to his tones, his words, and his actions. Being higher gold, he can be quite blunt and forthright. Being higher orange, he can speak quickly and be rude. Golds have a perspective of being honest and forthright, and if the blue is lower then sometimes it comes across (especially to high blues) as insensitive or inconsiderate. Fortunately, Ken's blue is not to low, however he will need to watch his delivery. As Debbie is more sensitive and her second color is orange, which is fairly spontaneous, Ken will need to realize that her reactions when hurt or stressed, can come out quickly and emotionally, which may affect or trigger his love language of words of affirmation. That said, Debbie's gold is close to the orange, so she has some conservative tendency thus somewhat cautious to what she says.

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Ken will also need to remember that Debbie is higher on quality time. Debbie can feel alone when she and Ken don't spend much time together. And with Ken being lower on quality time he tends not to desire it as strongly. He will need to keep this in mind and to practice filling Debbie's cup, by sharing more time together (conversation, activities, and physical touch). Knowing each other's love languages and putting the other's desires ahead of their own is the way to building unity.

Ken is quite high in physical touch, and like most men, his physical touch can be more expressed sexually than Debbie's. That said, this is not always the case, and can depend on Debbie's mood. Debbie is higher quality time, and like most women tend to connect with conversation and cuddling. As Ken is lower in quality time, he will need to keep this in mind so he can fill Debbie's cup

Even though Ken and Debbie are somewhat opposite they are not extremely opposite and have some similar personality traits (like their orange, which is fun and spontaneous, and taking action). As well Debbie's midpoint gold appreciates Ken's higher gold (which is planning, structure, and responsible). Similarly, Ken's midpoint blue appreciates Debbie's higher blue (sensitive and caring ways). Because they aren't extreme opposites it helps them to relate and appreciate each other's strengths, and not but heads too much.

Opposites do attract. Yet what starts out as an attraction can become an annoyance. This is because we are selfish and want our mate to see it from our set of glasses. Rather, we need to consider our mate more than ourself, and learn to see it from their set of glasses and fill their cup. *Wanting to love, verse to be loved*, is the key. God gave us our opposite to complement and complete us, and more over so that we would need to care for someone who is not the same, so we would need to get off our own perspective (self-seeking) and on to our mate's perspective and needs (self-giving). Jesus never came to get anything; he came to give everything. Jesus had joy and peace because he came to give us his love so we could give that love to each other (especially husband and wife).

As a man Ken is the leader of love. As Christ is the leader of love. He is the leader because he put his bride first and himself last. God gave man woman to love, which she then reflects his love back to him (in her feminine way). So, when Ken is not experiencing the love, respect, and admiration he'd like, he needs to look into Debbie's eyes and ask her, how am I doing, how are we doing, how can I love you better? Debbie will let him know, and moreover she will appreciate his care to even ask and do what it takes to show his love in the way she needs.

A woman is a gauge (barometer) of a man's character and heart (engine). Is a man loving or not. She knows what it looks like, and she shines her reflection back to him. A woman is like a rose, when a man treats her right, she blossoms. There is not a man in the world doesn't want to see his wife shine...she lights him up!

Overall, Ken is very loyal, responsible, and gets things done. He likes to have fun but wants to make sure the work comes first. His word is his bond. He is willing to take risk and to show his heart, but desires a relationship of integrity first. His mid blue and orange allows his friendliness and fun to shine, while upholding honesty and loyalty as his priority (gold). He likes unity, family, and do to the good and right thing

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| Ken | | Debbie | |
|-----|-----------------|--------|----|
| 36 | Gold | Blue | 35 |
| 27 | Orange | Orange | 26 |
| 21 | Blue | Gold | 23 |
| 16 | Green | Green | 16 |
| 10 | Affirmation | 7 | * |
| 4 | Quality Time | 9 | * |
| 0 | Gifts | 0 | |
| 7 | Acts of Service | 6 | |
| 9 | Physical Touch | 8 | * |

Man and Woman were made to fit together, by design. They have some similarities, yet they also need the different qualities each other has to balance their marriage. God never designed them to be independent of each other. When He said the two shall be come one, it was because they need each other, by design (divine design). He needs what she has and she needs what he has. It 's only because of our sinful self-seeking ways that cause a marriage and other relationships to be so challenging. We think we know what love is, yet we really haven't experienced it very much or very well. Love is not self-seeking, and husbands are to love their wives like Christ loves the church (who gives his life for his wife), plus wives submitting to their husbands out of powerful love, thus both giving and submitting their lives to each other in unity, and both in unity to God. Marriage works because the love God has for man and woman and when they have the love for Him and each other. Reverence for God is a heart of loving honor and gratitude for God. Wanting ... to love.

Understanding, Communicating, and Giving **U C G**
are the focus and work for ones heart,
mind, and will to grow.

By coaching your head, heart, and habits, with tools, techniques, insight and inspiration, rooted in God's word and design, you'll be able to restore and enrich your love for each other.

When loving and understanding motives are of the heart and mind then harmony and unity are the result of complimentary personalities, love languages, and gender. There are two big wins, first the collective unity, second the individual growth of a loving heart. When a spouse wants to be a blessing to the other and loves them in away the other needs and prefers, there is love. This is God's way of loving us.

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